



## Pacers-Brooks Athlete 2009

### STEVEN CRANE

**LOCATION:** Arlington, VA

**OCCUPATION:**  
Retail Manager

**FOCUS:** USA ½ Marathon  
Championships

**AGE:** 27

**YEARS RUN:** 12

**USATF#** 3810244710

**HOMETOWN:** Taylor, MI

**COLLEGE:**  
Eastern Michigan University

**EMAIL:**  
steve@runpacers.com



### **PERSONAL BEST**

<b>3000 – 8:20</b>	<b>2005</b>
<b>5000 – 14:16</b>	<b>2004</b>
<b>4 Mile – 18:52</b>	<b>2005</b>
<b>10,000 – 29:52</b>	<b>2005</b>
<b>10 Mile – 49:31</b>	<b>2008</b>
<b>½ Marathon – 1:05.02</b>	<b>2008</b>
<b>25k – 1:18.15</b>	<b>2006</b>
<b>Marathon – 2:23.07</b>	<b>2007</b>

### **CAREER HIGHLIGHTS**

#### **Greenway High School (Phoenix, Arizona)**

1998 State Champion in Cross Country

1999 Track State Champion 4\*800

#### **Eastern Michigan University (Ypsilanti, MI)**

2002 3<sup>rd</sup> place finish @ NCAA XC team

NCAA Cross Country Championships 2000, 2002

13 Times All Mid American Conference in Cross Country and Track

5<sup>TH</sup> Athlete in school history to receive all conference honors four years in a row (MAC XC)

#### **Professional**

2005	1 <sup>st</sup> Place – Ohio Michigan 4 Miler (18:52)
2006	2 <sup>nd</sup> Place – Meteor 10K (30:24)
2006	4 <sup>th</sup> Place - Valparaiso Mini Marathon (1:05:49)
2006	10 <sup>th</sup> Place - USATF 25k National Championships (1:18:15)
2007	4 <sup>th</sup> US Finisher – Credit Union Cherry Blossom 10 Mile (50:02)
2007	3 <sup>rd</sup> Place - GW Parkway 10 miler (49:45)
2007	1 <sup>st</sup> Place – Steamtown Marathon (2:23:07)
2008	1 <sup>st</sup> Place – Van Metre 5 miler (24:15)
2008	1 <sup>st</sup> US Finisher at Credit Union Cherry Blossom (49:41)
2008	5 <sup>th</sup> Place – Parkersburg Half Marathon (1:05:32)
2008	12 <sup>th</sup> Place – Philadelphia Distance Run (1:05:02)

*easy breezy!*