

First Down 5K & Pacers Combine  
 Washington DC  
 February 7, 2016  
 Results By Pacers Running

\*\*\*\*Sorted by NET Time\*\*\*\*

Place	Bib	Name	Age	S	Combine	Chip	Time+combine
=====	=====	=====	===	=	=====	=====	=====
1	415	Christopher Pruitt	33	M	1:31	15:36	17:07
2	333	Paul Balmer	26	M	1:51	15:56	17:47
3	336	Kyle Pfohl	20	M	1:50	16:23	18:13
4	323	Sebi Devlin-Foltz	25	M	1:54	16:28	18:22
5	193	David O'Hara	39	M	1:51	16:34	18:25
6	327	Sean O'Leary	24	M	2:07	16:33	18:40
7	402	Richard Jennings	39	M	1:44	16:58	18:42
8	366	Emily Potter	36	F	1:53	17:44	19:37
9	209	Bradley Klimek	40	M	1:43	18:45	20:28
10	187	Thomas Agnello	33	M	2:09	18:33	20:42
11	403	Chelsea Callan	26	F	2:24	18:41	21:05
12	484	Russell Inman	42	M	2:32	18:59	21:31
13	280	Karl Townsend	25	M	2:06	19:37	21:43
14	540	Paul Kittredge	37	M	2:24	19:22	21:46
15	98	Milon Chakrabarti	29	M	2:54	19:30	22:24
16	426	Jessica Zdeb	33	F	2:11	20:30	22:41
17	272	Sterling McHale	28	M	2:36	20:28	23:04
18	550	Jon Dunne	44	M	2:25	20:55	23:20
19	270	Christina Hosenfeld	33	F	2:29	20:55	23:24
20	486	Jack Winkert	17	M	1:46	21:39	23:25
21	353	Kristin Bagby	33	F	2:29	21:00	23:29
22	451	John Parks	35	M	2:33	20:59	23:32
23	475	Mario Beltran	33	M	2:12	21:24	23:36
24	548	Stefani Watterson	46	F	2:41	20:55	23:36
25	236	Edward Szczepanik	34	M	2:07	21:38	23:45
26	44	Derek Bierd	28	M	2:53	21:02	23:55
27	531	David Bonnewell	25	M	3:01	20:57	23:58
28	350	Emily Cole	32	F	2:47	21:13	24:00
29	595	Michael McConnell	33	M	2:17	21:56	24:13
30	35	Alex Csatari	52	M	2:36	21:46	24:22
31	132	Kelly Buroker	34	F	2:46	21:37	24:23
32	619	Andrew Gordon	31	M	2:18	22:07	24:25
33	375	Sara Zdeb	39	F	3:01	21:24	24:25
34	601	Alexander Perkins	30	M	1:52	22:45	24:37
35	397	Michael Riou	57	M	2:31	22:07	24:38
36	614	Britt Lake	35	F	2:27	22:14	24:41
37	347	Andrew Nauer	31	M	2:36	22:14	24:50
38	474	Kate Malone	30	F	3:12	21:41	24:53
39	233	Colin Jennings	25	M	2:49	22:07	24:56
40	124	Daniela Daswatta	25	F	2:49	22:08	24:57
41	505	Gustavo Olmedo	57	M	3:03	21:56	24:59
42	262	Kyle Clinton	35	M	2:08	22:59	25:07
43	604	Claire Perkins	27	F	2:22	22:45	25:07

44	616	Mark Dickas	31	M	2:38	22:32	25:10
45	622	Justin Beckley	31	M	2:26	22:45	25:11
46	361	Elizabeth Cheever	23	F	3:30	21:43	25:13
47	135	Angela Frye	32	F	2:43	22:32	25:15
48	120	Luca David Opromolla	40	M	3:16	22:03	25:19
49	298	John Fricano	34	M	2:26	22:58	25:24
50	55	David Davis	46	M	2:23	23:03	25:26
51	226	Michael Sabatino	39	M	2:38	22:55	25:33
52	202	Jessica Dvorak	33	F	2:01	23:36	25:37
53	507	Nico Olmedo	15	M	3:00	22:37	25:37
54	5	Matthew Gottlieb	17	M	2:45	22:57	25:42
55	235	Lyle Hogue	50	M	3:12	22:43	25:55
56	105	Kendrick Kenney	27	M	2:26	23:31	25:57
57	287	Kevin Lane	44	M	3:02	22:58	26:00
58	104	Jim Wicker	50	M	2:21	23:43	26:04
59	294	Kaitlin Athmer	27	F	2:58	23:10	26:08
60	450	Moustafa Shokry	36	M	1:56	24:20	26:16
61	29	Allie Weissberg	27	F	2:27	23:51	26:18
62	338	Samantha Nunziata	28	F	2:00	24:29	26:29
63	34	Beth Ludlum	35	F	2:54	23:36	26:30
64	90	Dick Patrick	65	M	2:59	23:51	26:50
65	255	Jill Priesmeyer	31	F	3:05	23:45	26:50
66	457	Rachel McNinch	33	F	2:30	24:23	26:53
67	300	Noah Hutcher	45	M	2:17	24:41	26:58
68	321	Min Woo Park	37	M	2:34	24:28	27:02
69	6	Steven Gottlieb	57	M	3:00	24:08	27:08
70	541	Derek Ross	34	M	2:33	24:42	27:15
71	91	Jody Patrick	55	F	3:00	24:16	27:16
72	560				2:26	24:52	27:18
73	234	Oliver Grant	46	M	3:16	24:03	27:19
74	154	Ivey Wohlfeld	28	F	2:52	24:31	27:23
75	334	Morgen Ellis	26	F	2:57	24:31	27:28
76	299	Yesenia Hutcher	41	F	2:17	25:13	27:30
77	569	Lacey Sizemore	34	F	2:28	25:02	27:30
78	191	William Gray	14	M	3:47	23:44	27:31
79	597	Gregory Rouson	37	M	3:09	24:29	27:38
80	529	Grace Campbell	25	F	2:40	25:02	27:42
81	131	Jason Erdo	39	M	2:44	25:02	27:46
82	393	Garrett Riou	24	M	2:14	25:36	27:50
83	159	Katherine Aikman	35	F	2:52	25:00	27:52
84	568	Julie Parks	38	F	3:17	24:47	28:04
85	107	Libby Barksdale	37	F	3:10	24:58	28:08
86	69	Andrew Chaffee	32	M	2:05	26:05	28:10
87	605	Conrad Lee	11	M	2:47	25:36	28:23
88	114	Ryan Dotterer	32	M	2:36	25:48	28:24
89	356	Caroline Lodewick	25	F	3:09	25:16	28:25
90	552	Olivia Wade	11	F	3:01	25:28	28:29
91	11	Barbara Lazirko	55	F	3:07	25:22	28:29
92	610	Morgan Hall	35	F	2:43	25:47	28:30
93	551	Lance Wade	40	M	3:03	25:27	28:30
94	115	Christopher Murray	48	M	2:21	26:14	28:35
95	76	Erica Jones	36	F	2:31	26:07	28:38
96	555	Nicole Tatz	28	F	3:33	25:08	28:41
97	510	Jennifer Pytlarz	39	F	2:14	26:31	28:45

98	373	Lisa Kurdziel	34	F	2:36	26:17	28:53
99	15	Amy Noonan	30	F	2:48	26:05	28:53
100	515	Kimberly McDaniel	26	F	3:14	25:40	28:54
101	530	Rachel Warbelow	29	F	2:33	26:23	28:56
102	516	Kyle Hudson	26	M	3:17	25:39	28:56
103	190	Brian Kapur	27	M	2:28	26:35	29:03
104	256	Brett Winterberg	35	M	2:52	26:13	29:05
105	53	Ryan Cummings	35	M	3:33	25:41	29:14
106	134	Ronald Buch	50	M	2:58	26:19	29:17
107	364	Emily Estus	23	F	2:49	26:34	29:23
108	73	Stephen Marshall	42	M	2:42	26:45	29:27
109	407	Ryan Crotty	33	M	2:22	27:07	29:29
110	175	Teresa Amundson	44	F	2:31	27:00	29:31
111	244	Crystal Romay	47	F	3:31	26:02	29:33
112	30	Rachel Navarrete	27	F	3:00	26:35	29:35
113	259	Paul Moretti	47	M	3:08	26:28	29:36
114	464	Ruth Mallett	34	F	3:01	26:42	29:43
115	88	Amanda Tine	23	F	3:04	26:40	29:44
116	153	Molly Hahn	26	F	2:52	26:53	29:45
117	354	Reginald Jones	43	M	2:40	27:09	29:49
118	501	Kat Haselkorn	27	F	2:29	27:21	29:50
119	574	Daniel McNeil	53	M	3:26	26:29	29:55
120	54	Maria Mancini	37	F	3:41	26:15	29:56
121	174	Annette Koustenis	49	F	2:19	27:40	29:59
122	167	Michael Stievater	57	M	2:22	27:38	30:00
123	467	Doug Ricketts	27	M	2:13	27:55	30:08
124	42	Jason Soules	38	M	2:36	27:33	30:09
125	41	Maari Hanson	29	F	2:37	27:33	30:10
126	84	Courtney Frey	23	F	2:32	27:51	30:23
127	7	Edward Lonsinger	57	M	2:55	27:31	30:26
128	150	Laurie Horstmann	56	F	3:09	27:17	30:26
129	533	Sarah Polli	29	F	2:21	28:08	30:29
130	572	Kathryn Caimi	37	F	2:39	27:51	30:30
131	8	Malachi Dane	10	M	3:02	27:32	30:34
132	281	D'Anne Spence	39	F	2:41	27:56	30:37
133	163	Lloyd Luck	24	M	2:48	27:50	30:38
134	227	Colleen Byrne	46	F	2:45	27:54	30:39
135	389	Kevin Kelhart	40	M	4:41	25:58	30:39
136	284	Maria Mejia	38	F	2:41	28:05	30:46
137	149	Bethany Horstmann	25	F	2:27	28:23	30:50
138	160	Gabriel Serrato	37	M	3:09	27:41	30:50
139	268	Stewart Knight	27	M	2:54	28:02	30:56
140	527	Jessica Milcetic	29	F	3:26	27:38	31:04
141	588	Joseph Limarzi	41	M	3:19	27:47	31:06
142	127	Saleema Ross	62	F	2:44	28:24	31:08
143	118	Patricia Chambers	50	F	3:38	27:33	31:11
144	632	Shawn Meadows	38	M	2:37	28:39	31:16
145	506	Katharina Olmedo	47	F	3:40	27:39	31:19
146	289	Katherine Shiplett	39	F	3:28	27:52	31:20
147	216	Corie Stewart	30	F	3:13	28:13	31:26
148	504	Gabriela Olmedo	13	F	3:50	27:38	31:28
149	102	Lara Sayer	42	F	2:48	28:49	31:37
150	68	Marie Harf	34	F	3:02	28:39	31:41
151	315	Jonathan Nussbaum	51	M	4:49	26:52	31:41

152	517	Aleida Fernandez	25	F	2:49	28:53	31:42
153	169	Abigail Hopkins	36	F	3:06	28:39	31:45
154	111	Sonya Mazumdar	32	F	3:33	28:12	31:45
155	360	Adam Baker	24	M	2:44	29:05	31:49
156	343	Anna McAlvanah	30	F	3:29	28:21	31:50
157	119	Julia Chambers	14	F	4:17	27:33	31:50
158	295	Rob Athmer	28	M	3:04	28:49	31:53
159	508	Debra Rosen	42	F	3:49	28:05	31:54
160	420	Jack Kwait-Blank	33	M	2:10	29:53	32:03
161	92	John Min	52	M	2:27	29:37	32:04
162	341	Josephine Eckert	32	F	3:48	28:20	32:08
163	67	Bob Noziglia	35	M	3:05	29:08	32:13
164	103	Kimberly Delafuente	41	F	3:26	28:48	32:14
165	509	Madison Horn	26	F	2:33	29:43	32:16
166	445	Alexis Marvel	25	F	3:52	28:24	32:16
167	112	Hugh Shepherd	45	M	4:15	28:06	32:21
168	152	Kelly Taylor	28	F	2:33	29:49	32:22
169	164	Diana Froehlich	23	F	2:23	30:09	32:32
170	257	Colleen Dugan	15	F	2:42	29:52	32:34
171	371	Laura Bicicchi	33	F	2:52	29:44	32:36
172	437	Carlos Gonzalez	34	M	2:26	30:14	32:40
173	258	Eva Reiling	15	F	2:48	29:52	32:40
174	10	Jill Corbett	51	F	2:44	29:57	32:41
175	345	Tiffany Armentrout	34	F	3:32	29:09	32:41
176	479	Shannon Walsh	26	F	3:01	29:41	32:42
177	436	Katherine Flahertyq	26	F	3:04	29:43	32:47
178	443	Kara Gillespie	26	F	2:08	30:40	32:48
179	46	Kiran Edelstein	23	F	2:30	30:20	32:50
180	613	Ben Lippard	43	M	3:01	29:52	32:53
181	523	Nathan Glusenkamp	34	M	3:10	29:45	32:55
182	296	Kattiya Urbanski	35	F	2:50	30:07	32:57
183	456	Sierra Howell	28	F	3:21	29:38	32:59
184	297	Jennifer Combs	32	F	2:52	30:08	33:00
185	79	Rebecca Jones	39	F	2:42	30:19	33:01
186	593				2:37	30:31	33:08
187	172	Amy Maslen	50	F	3:58	29:16	33:14
188	452	Kristin Grassham	30	F	2:45	30:30	33:15
189	151	Samantha Henry	24	F	2:55	30:21	33:16
190	580	Kathryn Dzurec-Dunto	36	F	2:26	30:51	33:17
191	441	Edie Mead	43	F	2:55	30:29	33:24
192	609	Janet Reynolds	45	F	3:03	30:21	33:24
193	392	Heather Gordon	35	F	2:43	30:43	33:26
194	86	Mattmatt Lind	10	M	2:48	30:43	33:31
195	283	Daniel Velez	42	M	3:01	30:39	33:40
196	96	Rich Moser	48	M	3:20	30:20	33:40
197	246	Wendy Naus	33	F	3:31	30:13	33:44
198	125	Bradley Jones	28	M	2:45	31:05	33:50
199	455	Grayson Gaylor	23	M	2:39	31:20	33:59
200	571	Brett Wilkinson	44	M	3:10	30:59	34:09
201	370	Heather Layman	40	F	3:15	30:57	34:12
202	470	Miki Motohashi	26	F	3:43	30:32	34:15
203	93	Terri Snyder	50	F	3:10	31:09	34:19
204	534	Jana Everett	24	F	3:30	30:49	34:19
205	126	Christine Pembroke	23	F	2:54	31:27	34:21

206	304	Amanda Jagusiak	27	F	2:26	31:59	34:25
207	513	Meghan Gallagher	22	F	3:05	31:20	34:25
208	3	Robert Lively	62	M	4:32	29:54	34:26
209	38	Barbara Fiebich	50	F	3:05	31:23	34:28
210	511	Cassandra Frey	29	F	3:42	30:48	34:30
211	141	Suzanne Swink	34	F	2:26	32:06	34:32
212	433	Rosemary McNary	39	F	2:47	32:08	34:55
213	421	Alicia Kwait-Blank	32	F	2:50	32:05	34:55
214	485	Sarah Maguire	36	F	2:42	32:15	34:57
215	359	Anna Yie	23	F	3:11	31:49	35:00
216	253	Natalie Kodsy	32	F	4:10	31:11	35:21
217	582	Kathryn Kienast	48	F	2:34	32:50	35:24
218	72	Jennifer Cook	45	F	2:51	32:33	35:24
219	87	Rachel Velasco-Lind	43	F	2:24	33:01	35:25
220	279	Lisa Christianson	36	F	3:43	31:42	35:25
221	206	Patrick Maziarz	29	M	3:24	32:02	35:26
222	301	An Vance	30	F	3:19	32:08	35:27
223	576	Leslie Brown	40	F	2:51	32:38	35:29
224	137	Shelly Brazelle	38	F	2:40	32:50	35:30
225	1	Abby Levine	43	F	4:13	31:20	35:33
226	416	Tara Roche	33	F	2:51	32:43	35:34
227	387				3:32	32:03	35:35
228	512				3:59	31:38	35:37
229	14	Robin Seabrook	52	F	2:44	32:55	35:39
230	288	Odimar Morales	40	M	3:34	32:25	35:59
231	136	Julia Barker	28	F	3:11	32:50	36:01
232	488	Patrick Winkert	11	M	2:18	33:44	36:02
233	142	Kevin Meredith	37	M	3:22	32:48	36:10
234	557	Daniel Cooper	11	M	3:30	32:50	36:20
235	273	Monica Ruiz	49	F	3:04	33:19	36:23
236	116	Laura Murray	49	F	2:56	33:29	36:25
237	147	Callie Stapp	40	F	2:48	33:38	36:26
238	177	Richard Wadsworth	42	M	2:22	34:05	36:27
239	113	Lauren Piccioli	24	F	2:32	33:57	36:29
240	74	Tabitha Reber	30	F	2:35	33:57	36:32
241	145	Julie Meredith	33	F	2:56	33:36	36:32
242	430	Janet Garber	63	F	3:09	33:23	36:32
243	388	Rita Cronley	62	F	3:09	33:23	36:32
244	185	Sandra Brown	47	F	3:16	33:21	36:37
245	565	Lori Murphy	45	F	1:53	34:55	36:48
246	409	Lorne McLaughlin	47	M	3:39	33:15	36:54
247	579	Kathleen Quigley	28	F	2:57	34:11	37:08
248	374				3:11	34:05	37:16
249	37	Nancy Como	58	F	2:30	34:48	37:18
250	143	Aldo Perez	27	M	2:21	35:06	37:27
251	176	Erin Wadsworth	44	F	3:37	33:52	37:29
252	17	Adam Phillips	41	M	3:07	34:35	37:42
253	376	Richard Brown	37	M	2:51	35:01	37:52
254	144	Deanna Bumstead-Year	37	F	2:52	35:05	37:57
255	573	Amanda Wilkinson	38	F	3:04	35:04	38:08
256	36	Linda Champagne	51	F	3:23	34:58	38:21
257	184	Rachael Hoagland	41	F	3:19	35:08	38:27
258	22	Rebecca Cooke-Rodrig	36	F	3:14	35:15	38:29
259	395	Molly O'Keefe	34	F	4:01	34:28	38:29

260	99	Patricia Stiegman	53	F	2:34	36:06	38:40
261	578	Cheri Lee	36	F	2:56	35:45	38:41
262	564				2:33	36:12	38:45
263	21	Kimberly Miller	37	F	3:22	35:28	38:50
264	148	Jennie Apter	43	F	2:24	36:28	38:52
265	260	Sandy Hugill	44	F	3:55	35:08	39:03
266	404	Carrie Yauch	47	F	4:27	34:38	39:05
267	400	Karen Foer	58	F	4:14	34:53	39:07
268	383	Bree Willging	25	F	2:59	36:15	39:14
269	201	Cathy Wiblemo	54	F	2:45	36:33	39:18
270	292	Glodil Hernandez	36	F	3:31	35:48	39:19
271	200	Laurel Roberts	15	F	2:48	36:33	39:21
272	291	Terrance McGee	36	M	3:40	35:49	39:29
273	432	Lily McNary	7	F	2:54	36:37	39:31
274	431	Bill McNary	43	M	2:58	36:35	39:33
275	139	Molly Hoffman	27	F	3:14	36:22	39:36
276	449	Homer Carlisle	38	M	3:24	36:12	39:36
277	203	Caitlin Maziarz	25	F	4:28	35:22	39:50
278	520	Amita Vyas	43	F	2:59	36:52	39:51
279	252	Nikki Benevides	31	F	4:18	35:48	40:06
280	254	Jen Bornemann	43	F	4:29	35:48	40:17
281	305	Sharon Hodges	49	F	3:00	37:27	40:27
282	117	Julia Murray	13	F	2:47	38:12	40:59
283	478	Sari Paikoff	46	F	4:09	36:55	41:04
284	419	Melinda Cavicchia	50	F	3:27	37:40	41:07
285	171	Ron Maslen	46	M	4:08	37:58	42:06
286	423	Elizabeth Hillman	48	F	4:15	38:09	42:24
287	31	Allison Dress	35	F	4:06	38:26	42:32
288	32	Dianne Donnelly	56	F	4:15	38:26	42:41
289	306	Tahmena Rauf	41	F	3:39	40:01	43:40
290	276	Alice Kim	31	F	3:58	39:43	43:41
291	165	Jennifer Porter	42	F	3:40	40:48	44:28
292	487	John Winkert	59	M	4:56	41:14	46:10
293	590	Camila Alvarado	26	F	4:39	41:33	46:12
294	591	Stephen Allenza	26	M	4:52	41:33	46:25
295	483	Joseph Dailey	39	M	2:45	44:03	46:48
296	637	Renee Abdullah	33	F	3:20	43:30	46:50
297	600	Tamhara Hernandez	36	F	3:54	44:32	48:26
298	453	Stephanie Simpson	25	F	3:25	46:16	49:41
299	471	Eleisha Flanagan	34	F	2:28	48:29	50:57
300	473	Krista Flanagan	36	F	2:53	49:10	52:03
301	362	Tung-Kang Kevin Chu	34	M	4:21	50:32	54:53
302	51	Silvia Albanez	36	F	3:13	53:16	56:29
303	50	Christine Ortiz	38	F	3:19	53:16	56:35
304	303	Karen Shatin	37	F	2:54	54:12	57:06
305	189	Miriam Gray	46	F	3:15	53:52	57:07